



Participant Agreement for TCTSY individual sessions

The participant ('I')
The facilitator (Emily Harrison)

Confidentiality

None of my information will be shared or distributed, with the following exceptions:

- If in the facilitator's judgement I am at risk of serious harm
- If I report information indicating that a vulnerable person is at risk of serious harm, or relating to a serious crime, in line with the facilitator's legal obligations

In some cases the facilitator may participate in reflective practice groups & supervision sessions. In these instances any references to me or to the group will be anonymised.

Depending on the nature of the risk the following may be contacted: my emergency contact, local authority safeguarding services, my GP or primary mental health provider or the police.

Ethical Practice

Emily Harrison certified by The Trauma Centre at JRI to facilitate Trauma Sensitive Yoga as an adjunctive intervention for Complex &/or Developmental Trauma, and works to the IA-TCTSY Guidelines on Ethical Practice (available on request).

Trauma Centre Trauma Sensitive Yoga is not a substitute for a medical care or diagnosis with a physician, psychiatrist, psychologist or other licensed health care provider.

Consent Statement

- Just like any form of physical activity, yoga carries a risk of injury and I agree to take precautions and responsibility for my own actions.
- I have, to the best of my ability, disclosed any necessary information about prior injuries, pre-existing medical conditions and personal history that may be relevant to my safety and the safety of others.
- I understand that the facilitator has the right to deny or terminate service to any person who may represent a threat to the safety of themselves and/or others.

Signed:

Date:

Name:



**PSYCHOTHERAPY &
TRAUMA-SENSITIVE YOGA**

New Client Intake Form

Name

DOB

Address

Phone

Email address

GP

Emergency Contact

Treatment preferences



PSYCHOTHERAPY &
TRAUMA-SENSITIVE YOGA

Data Privacy Policy

Data Protection and GDPR Information

Types of information I may hold about you:

- (1) Your Name & Address
- (2) Your Contact Telephone numbers and Text Messages (sent/received)
- (3) E-mail address and e-mail correspondence (sent/received), including website enquiries
- (4) GP contact details
- (5) Emergency Contact persons phone numbers
- (6) Any brief notes that I may make
- (7) Data relating to how and when you access my website, including your IP address

This data is collected as part of our work together, in any additional correspondence we might have and (if relevant) through the new client intake online form.

I use your data for the following purposes:

- (1) To provide therapy services as agreed (if relevant)
- (2) To comply with applicable laws and regulations
- (3) To create aggregated statistical data about use of my website.

All data held by me is kept secured in line with data protection principles and UK law. More information on the data protection acts can be found on the ICO website - <https://ico.org.uk/for-the-public/>. More information on GDPR can be found here - <https://ico.org.uk/for-organisations/guide-to-the-general-data-protection-regulation-gdpr/>

[Emilyharrisontherapy.com](https://emilyharrisontherapy.com) is hosted by the Wix platform. Any data that you submit via the website will be stored through [Wix.com](https://wix.com)'s data storage servers which are secured and behind a firewall.

I will only ever use your data to contact you as you have indicated in your communication with me. The data held is never be shared with third parties except for reasons outlined in the confidentiality agreement.

I reserve the right to change this privacy policy whenever I deem necessary to continue to provide a high quality of service. I recommend that you check it on a regular basis. The policy is always available at emilyharrisontherapy.com/privacy-policy

Data Retention Policy

I will keep the data I hold about you for 5 years following the end of our work together, unless we have agreed otherwise. At the end of the retention period I will securely destroy your data.

You have the right to request a copy of the data held or request any corrections that you feel are warranted. All requests received should be actioned within 28 days. I will check the validity of the request (to the best of my ability) to safeguard your data from misuse. Unless I am informed of changes in the data then you cannot be fully protected under the GDPR, but the data I hold will continue to be held in line with the GDPR.

If you have a concern about how your data is being handled, then you have the right to complain to the ICO (Information Commissioner's Office) <https://ico.org.uk/concerns/>

You can also contact me regarding any queries you have about this privacy policy on emily@emilyharrisontherapy.com

By submitting any data via the website or communicating with me in a different way, you confirm that you are fully aware of what data is being held and that you are happy for this data to be held in line with the GDPR, UK law and my retention policy. If at any point in the future you change your mind, you can withdraw consent at any time.